

The U.S. Capitol

The U.S. Capitol is one of the best places to start your tour of Washington. The building itself is considered an architectural masterpiece, and its most prominent feature, the Dome, is one of the largest in the world. The twin-shelled dome stands 285 feet above the ground and weighs 9 million pounds, and the 19-foot statue on top of the dome is called *Freedom*. Inside the dome are priceless works of art depicting scenes in American history. Guided tours are conducted daily from 9am to 3:45pm starting in the Rotunda. The Capitol is closed

Thanksgiving, Christmas and New Year's Day. Special passes are available in all congressional offices which allow you to visit both the House and Senate Galleries.

PHONE: (202) 225-6827 METRO: Capitol South

WEB: www.house.gov and www.senate.gov

The White House

Congressional offices may receive a limited number of tickets each week for special tours of the White House. Because the

demand is great and the tours fill up quickly, these tickets are provided on a first-come, first-served basis.

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Therefore, please make your ticket requests well in advance – preferably two months or more – and ask for at least two possible tour dates. If passes for the congressional tours are unavailable, you can still take part in the regular visitors' tour. The White House is open for tours on Tuesday through Saturday. Timed

tickets are required from the White House Visitors' Center, located at 15th and E Streets, and are available to pick up from 7:30am until noon. Tickets do go

quick, so it's advisable to be there early.

PHONE: (202) 456-2200

METRO: McPherson Square or Farragut West

WEB: www.whitehouse.gov

GETTING TO DC The Airports

REAGAN NATIONAL AIRPORT

PHONE: (703) 417-8000

WEB: www.metwashairports.com/National

DULLES INTERNATIONAL AIRPORT

PHONE: (703) 572-2700

WEB: www.metwashairports.com/Dulles

BALTIMORE-WASHINGTON INTERNATIONAL AIRPORT

PHONE: (800) I-FLY-BWI WEB: www.bwiairport.com

The Train

Amtrak trains reach Washington, DC at Union Station and in nearby locations in Maryland and Virginia.

PHONE: 800-USA-RAIL WEB: www.amtrak.com

The Bus

Greyhound Bus Lines also reach Washington,

DC and its surrounding areas. PHONE: 800-231-2222 WEB: www.greyhound.com

GETTING AROUND DC The Metro

Trains run weekdays, 5:30am to midnight, and weekends, 8am to midnight. The base fare is \$1.10 and the actual price you pay depends on the time of day and distance traveled. Children under the age of five ride free when escorted by a paying passenger, but there is a maximum of two children per paying adult. Day passes are available for \$5. Buy your ticket at the farecard machines at each station. Make sure you hang on to the card - you will need it to exit at your destination. Map available at www.gil.house..gov.

PHONE: (202) 637-7000

Across the Potomac

ARLINGTON NATIONAL CEMETERY

Across the Memorial Bridge in Virginia. Open 8am to 7pm April through September; 8am to 5pm October through March. Changing of the Guard occurs every hour on the hour and every half hour during summer months.

PHONE: (703) 695-3250 METRO: Arlington Cemetery WEB: www.arlingtoncemetery.com

IWO JIMA MEMORIAL

North edge of Arlington Cemetery. This statue was erected to honor Marines who lost their lives in service to the US since the founding of the Marine Corps in 1775. Evening parades are Tuesdays on the grounds at 7pm from Memorial Day to Labor Day.

METRO: Rosslyn

WEB: www.nps.gov/gwmp/usmc.htm

THE PENTAGON

Across the 14th Street Bridge in Virginia. Open 9am to

3pm Monday through Friday. PHONE: (703) 614-1642 METRO: Pentagon

WEB: www.defenselink.mil

WWII WOMEN'S MONUMENT

At the entrance to Arlington Cemetery. This memorial is dedicated to the 2 million women who have served our nation's military since 1776.

METRO: Arlington Cemetery

WEB: www.nps.gov/gwmp/wimsa.htm

MOUNT VERNON

Ten miles south of DC. George Washington's lovely home offers breathtaking views of the Potomac. Open roughly 9am to 5pm.

PHONE: (703) 780-2000 WEB: www.mountvernon.org

NEWSEUM

1101 Wilson Boulevard, Arlington, VA. America's only interactive museum of news. Visitors can reenact the greatest news stories of all time. Open 10am to 5pm Wednesday through Sunday.

PHONE: (703) 284-3700 METRO: Rosslyn WEB: www.newseum.org

Helpful Washington Websites

www.ci.washington.dc.us www.dchomepage.net washington.sidewalk.com dcregistry.com

Near the US Capitol

US SUPREME COURT

Across from the US Capitol at First Street and Maryland Avenue NE. Open 9:30am to 3:30pm Monday through Friday. Tours leave from the Great Hall; Use the Front Plaza Entrance.

PHONE: (202) 479-3395

METRO: Capitol South or Union Station

WEB: www.uscourts.gov

LIBRARY OF CONGRESS

First Street and Independence Avenue SE. Jefferson Building offers tours at 11:30am, 1pm, 2:30pm and 4:30pm Monday through Saturday. Groups of 10 or more should make reservations.

PHONE: (202) 707-5458 METRO: Capitol South WEB: www.loc.gov

UNION STATION

Massachusetts Avenue and North Capitol Street NE. City's rail hub has been restored to its original splendor and now contains stores, movie theaters and restaurants.

PHONE: (202) 371-9441 METRO: Union Station WEB: www.lasalle.com/union

OLD POST OFFICE MUSEUM

1100 Pennsylvania Avenue NW. Former Washington, DC city post office. Includes shops, restaurants, food court. Visit the observation tower for a wonderful view of the city. Open 10am to 7pm Monday through Saturday; 12pm to 6pm Sundays. Longer summer hours.

PHONE: (202) 289-4224 METRO: Federal Triangle

EASTERN MARKET

C and 7th Streets SE. Offers fresh foods and produce, gourmet foods, fresh flowers, souvenirs and collectibles. Carry-out restaurant and indoor vendors open year round; outdoor vendors seasonal.

METRO: Eastern Market

Near the White House

AMERICAN RED CROSS

430 17th Street NW. Dedicated to the women who cared for the wounded during the Civil War.

PHONE: (202) 737-8300 METRO: Farragut West

DAUGHTERS OF THE AMERICAN REVOLUTION MUSEUM

1776 D Street NW. Open 8:30am to 4pm Monday through Friday; 1pm to 5pm Sunday.

PHONE: (202) 879-3241 METRO: Farragut West

WEB: www.dar.org/museum/index.html

BOY SCOUTS MEMORIAL

East side of the Ellipse.
METRO: Federal Triangle

TREASURY DEPARTMENT

15th Street & Pennsylvania Avenue NW. Tours conducted Saturday mornings;

reservations are required. PHONE: (202) 622-0896

METRO: Metro Center or McPherson Square

WEB: www.treas.gov

All Around Town

National Archives

Seventh Street and Pennsylvania Avenue

NW. Open 10am to 9pm daily April 1 through Labor Day; 10am to 5:30pm other times.

PHONE: (202) 501-5205 METRO: Archives WEB: www.nara.gov

National Arboretum

3501 New York Avenue NE. Offers 450 acres of exotic trees, shrubs and flowers from around the world.

PHONE: (202) 245-2726

WEB: www.ars-grin.gov/ars/beltsville/na

National Cathedral

Intersection of Massachusetts and Wisconsin Avenues in northwest DC. Open 10am to 4:30pm daily; gardens open daily until dusk. Guided tours available Monday through Saturday between 10am and 11:30am and 12:45pm and 3:15pm; Sunday, 12:30pm until 2:45pm.

PHONE: (202) 537-6207 METRO: Tenleytown/AU

WEB: www.cathedral.org/cathedral

US Holocaust Memorial Museum

100 Raoul Wallenburg Place SW. Open 10am to 5:30pm daily. Get tickets by calling

(800) 400-9373.

PHONE: (202) 488-0400 METRO: Smithsonian WEB: www.ushmm.org

US Navy Memorial

Pennsylvania Avenue NW between 7th and 9th Streets. Open 10am to 6pm Monday through Saturday; 12pm to 5pm Sunday. METRO: Archives/Navy Memorial

US Naval Observatory

34th Street and Massachusetts Avenue NW.

Tours held at 8:30pm Mondays, weather

permitting.

PHONE: (202) 762-1467 WEB: www.usno.navy.mil

Ford's Theatre

10th Street between E and F Streets NW.

The theater where Lincoln was assassinated is open daily, except Christmas, 9am to 5pm.

PHONE: (202) 426-6924 METRO: Metro Center WEB: www.nds.gov/foth

Bureau of Engraving and Printing

14th and C Streets SW. Open 9am to 2pm

Monday through Friday. PHONE: (202) 874-3188 METRO: Smithsonian WEB: www.bep.treas.gov

Federal Bureau of Investigation E Street between 9th and 10th Street NW.

Open 9am to 4:15pm Monday through Friday. Tours leave every 15-20 minutes. Reservations needed for groups of 15 or more.

PHONE: (202) 426-6924

METRO: Metro Center, Federal Triangle or

Archives

WEB: www.fbi.gov

Kennedy Center

On the banks of the Potomac, at the intersection of New Hampshire Avenue NW and the Rock Creek Parkway. Free tours 10am to 5pm Monday through Friday; 10am to 1pm Saturday and Sunday. Free daily concerts on the Millennium Stage.

PHONE: (202) 416-8340 METRO: Foggy Bottom/GWU WEB: www.kennedy-center.org

Monuments Memorials

WASHINGTON MONUMENT

On the Mall at 15th Street NW. View from the observation ports at the peak of the tallest structure on the mall is spectacular! Open 8am to midnight April through Labor Day; 9am to 4:45pm September through March

PHONE: (202) 426-6841 METRO: Smithsonian

LINCOLN MEMORIAL

West Potomac Park at 23rd Street NW. Open 24 hours a day, year

PHONE: (202) 426-6895

METRO: Smithsonian or Arlington Cemetery

JEFFERSON MEMORIAL

South bank of the Tidal Basin. Surrounded by hundreds of Yoshino and Akebono cherry trees which bloom in late March or early April. Open

24 hours a day, year round. PHONE: (202) 426-6841 METRO: Smithsonian

TIDAL BASIN

The walk around the Tidal Basin is one of the most popular areas in Washington - especially when the cherry trees are in bloom. Paddleboats are available to rent on the east side of the Basin.

PHONE: (202) 484-0206 METRO: Smithsonian

KOREAN VETERANS MEMORIAL

Between Independence Avenue and Lincoln Memorial. Consists of a column of soldiers marching towards an American flag by a reflecting pool and a granite wall etched with war scenes. Open 24 hours a day, year round.

METRO: Smithsonian

VIETNAM VETERANS MEMORIAL

Near the Lincoln Memorial on Constitution Avenue NW. Names of more than 58,000 Americans either killed or missing in action are inscribed in chronological order along the Wall, which honors all who served in the Vietnam War. Open 24 hours a day, year round.

PHONE: (202) 634-1568 METRO: Smithsonian

FRANKLIN ROOSEVELT MEMORIAL

West Potomac Park along the Cherry Tree Walk of the Tidal Basin. Landscape of four rooms, one for each term of his Presidency, with granite walls, statues, inscriptions, waterfalls and plants. Open 24 hours a day, year round.

METRO: Smithsonian

Fun for the Family



National Zoo

3001 Connecticut Avenue NW. Grounds are open from 6am to 6pm daily September 16 to April 30, and from 6am to 8pm May 1 to September 15. Buildings are open from 10am to 4:30pm in winter months

and from 10am to 6pm in summer months.

PHONE: (202) 673-4717 METRO: Woodley Park Zoo WEB: www.si.edu/natzoo

Getting Outdoors...

SHENANDOAH NATIONAL PARK/SKYLINE DRIVE

Approximately 75 miles west of Washington. Shenandoah National Park lies within a beautiful section of the Blue Ridge. Skyline Drive provides spectacular views of the landscape as it winds along the crest of the mountains. Park offers lodging, camping, fishing and other activities. Small entrance fee per vehicle good for seven days.

PHONE: (540) 999-3500 WEB: www.nps.gov/shen

GREAT FALLS, VIRGINIA

Just 15 miles from Washington. The Great Falls of the Potomac showcase cascading rapids, waterfalls and rock. Park offers hiking and biking trails, boating, fishing, rock climbing and picnic area. Small entrance fee per vehicle good for three days.

PHONE: (703) 285-2965 WEB: www.nps.gov/gwmp/grfa

HARPER'S FERRY, WEST VIRGINIA

This park covers the area where the states of Virginia, Maryland and West Virginia meet and where the Potomac and Shenandoah Rivers converge approximately 65 miles northwest of Washington. Great shops and trails, including access to the Appalachian Trail and the C&O Canal. Small entrance fee per vehicle good for seven days.

PHONE: (304) 535-6298 WEB: www.nps.gov/hafe

The Smithsonian Institution

Located on the Mall. No Washington tour is complete without visiting the Smithsonian complex. Most museums are open daily, except Christmas, from 10am to 5:30pm. The information center, inside the Castle, is open daily from 9am to 5:30pm. The Air and Space and Natural History Museums have Imax Theaters.

PHONE: (202) 357-2700 METRO: Smithsonian WEB: www.si.edu

Area Sports Teams

WASHINGTON REDSKINS BALTIMORE ORIOLES

JKC Stadium; Raljon, MD PHONE: (202) 432-7328 WEB: www.redskins.com

WASHINGTON WIZARDS

MCI Center; Downtown DC PHONE: (202) 432-7328 WEB: www.nba.com/wizards

DC UNITED

RFK Stadium in DC PHONE: (703) 478-6600 WEB: www.dcunited.com

Oriole Park at Camden Yards; Baltimore, MD PHONE: (410) 685-9800 WEB: www.theorioles.com

WASHINGTON MYSTICS

MCI Center in downtown DC PHONE: (202) 661-5050 WEB: www.wnba.com/mystics

WASHINGTON CAPITALS

MCI Center in downtown DC PHONE: (202) 432-7328 WEB: www.nhl.com/teampage/ was/1t index.htm

Amusement Parks

SIX FLAGS AMERICA

Located 75 miles south of DC, 20 miles north of

PHONE: (804) 876-5000

WEB:www.sixflags.com/America

PARAMOUNT'S KINGS DOMINION

Located 20 miles from DC in Upper Marlboro, Maryland,

WEB: www.pkdthrills.com

BUSCH GARDENS, WILLIAMSBURG, VA

Located 150 miles from DC in Williamsburg, Virginia.

WEB: www.4adventure.com/buschgardens/bg_williamsburg/

Hitting the Shops...

GEORGETOWN

The oldest section of Washington has many shops and attractions, including the C&O Canal National Historic Park. From April to September the Park Service has mule-pulled boats along the canal.

PHONE: (202) 653-5844 METRO: Foggy Bottom/GWU

OLD TOWN ALEXANDRIA

This quaint town offers tree-lined cobblestone streets, rich architecture and great locales for dining and shopping.

METRO: King Street WEB: ci.alexandria.va.us

PENTAGON CITY MALL

METRO: Pentagon City

METRO CENTER SHOPS

METRO: Metro Center